

# Dunster First School



## PE and Sport Action Plan 2016 to 2017

### PE and Sport Grant Budget 2016 to 2017 = £8567.00

Activity	Description	Planned Cost	Actual Cost
<b>Target 1</b> Increase participation in school sports clubs	Provide 1610 Multi-Skills Club for Year 2 (Autumn Term 2016)	£250.00	
	Provide 1610 Dance Club for Year 4 (Autumn Term 2016)	£250.00	
	Provide 1610 Fundamentals Club for Year 1 (Spring Term 2017)	£250.00	
	Provide 1610 Gym Club for Year 4 (Summer Term 2017)	£250.00	
	Provide Tennis Club for Year 3 and 4 (Whole Year)	£2000.00	
<b>Target 2</b> To promote Healthy Lifestyles and to increase the physical activity of children at the school.	Provide funding for training, resources	£2000.00	
<b>Additional Spending</b>	Paying for trained swimming coach for Year R , 1 and 2	£1000.00	
	Paying for sports fixture transport, entry fees etc.	£1000.00	
	Funding for staff training, attendance at courses	£1067.00	
	Dunster First School's Moorland Edge Forest School Licence	£500.00	
	Total Cost	£8567.00	

October 9th 2016

Target and Rationale	Steps to Achieve	Outcomes/ Impact	Projected Cost
<p><b>Target 1</b>  <b>To increase the number of children accessing before/ after school sports clubs</b>  We will aim for</p> <p>a) 75% of all children within the school to have attended one or more before and after school sports clubs for a minimum of half a term during the course of the school year.</p> <p>b) We will aim for 90% of all children within Year 3 and Year 4 to have attended one or more before and after school sports clubs for a minimum of half a term during the course of the school year.</p> <p>c) We will aim for 65% of the children within Year 3 and Year 4 to attend a minimum of three hours PE and before/ after school sport every week throughout the year.</p>	<ol style="list-style-type: none"> <li>1. Review current provision in school referencing current club provision, target age groups, ability of the school to increase amount and range of provision/ cost. (Autumn Term 2016)</li> <li>2. Discuss current school club sport provision with all stakeholders, i.e. School Council, staff groups, governors (Autumn Term 2016)</li> </ol>		No cost
	<ol style="list-style-type: none"> <li>3. Maintain current after school club provision for all year groups:  <u>1610 Provision</u> - Multi-Skills (Y2), Fundamentals (Y1), Dance Club (Y4), Gym Club (Y4)  <u>Outside Provision</u> - Tennis Club (Y3&amp;4)  <u>School Provision</u> - DASH Club, Football Club, Catchball Club, Swimming Clubs, Cricket Club   Sport and PE grant to be used to fund cost of outside providers/ 1610 so that all clubs are free to all children.</li> </ol>		£1000 Clubs provided by 1610  £2000 to provide Tennis Club
	<ol style="list-style-type: none"> <li>4. Seek to promote school's before and after school sport provision (Autumn Term 2016 onwards) <ol style="list-style-type: none"> <li>a) Whole School display in the School Hall showcasing sports club provision.</li> <li>b) Sports information displayed on Dunster TV, in newsletters, in local press and on social media.</li> <li>c) Children to be given a greater role in championing, leading and promoting sports clubs, school sports events, e.g. sports day.</li> <li>d) Section on school website showcasing sports club provision</li> </ol> </li> </ol>		No cost
	<ol style="list-style-type: none"> <li>5. Seek to develop links with local sports clubs, encouraging children from school to join local clubs, e.g. Minehead Football Club, Minehead Tennis Club, local swimming clubs.  School to track numbers of children accessing sports clubs</li> </ol>		No cost

	6. End of term reviews to determine impact of school's efforts to improve before and after school sports club provision. This to include a review of numbers attending and the range of provision. (Summer/ Autumn Term 2017)		No Cost
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**Impact**

The following table shows the percentage of children in each year group who have attended one or more sports clubs for a **minimum of half a term during the school year 2016 to 2017**:

Year Group	% Participating in school sports clubs 2015 to 2016	% Participating in school sports clubs 2015 to 2016	% Participating in school sports clubs 2014 to 2015
Year R		50%	17%
Year 1		80%	61%
Year 2		68%	66%
Year 3		90%	92%
Year 4		100%	88%
Whole School		76%	65%
Key Stage 2		94%	89%

**Did we meet our targets?**

Target	Impact
a) 75% of all children within the school to have attended one or more before and after school sports clubs for a minimum of half a term during the course of the school year.	

<b>Target</b>	<b>Impact</b>
b) We will aim for 90% of the children within Year 3 and Year 4 to have attended one or more before and after school sports clubs for a minimum of half a term during the course of the school year.	
c) We will aim for 65% of the children within Year 3 and Year 4 to attend a minimum of 3 hours of PE and before/ after school sports clubs every week throughout the year.	

## Planned Before and After School Sports Club Provision Term by Term 2016 to 2017

Autumn Term 2016			
	Before School	After School	
Monday	DASH Club (Years R to 4)	Dance Club (Year 4)	
Tuesday		Multi-Skills Club (Year 2)	
Wednesday		Tennis Club (Year 3 and Year 4)	
Thursday		Football Club (Years 3 and 4)	
Friday	DASH Club (Years R to 4)	Friday Football (Years 3 and 4)	

Spring Term 2017			
	Before School	After School	
Monday	DASH Club (Years R to 4)	Skipping (Year 4)	
Tuesday		Fundamentals Club (Year 1)	
Wednesday		Tennis Club (Year 3 and Year 4)	
Thursday		Football Club (Years 3 and 4)*	Catchball Club (Years 3 and 4)**
Friday	DASH Club (Years R to 4)	Friday Football (Years 3 and 4)*	Friday Catchball (Years 3 and 4)

\*until Spring Half Term Holiday    \*\* from Spring Half Term Holiday

Summer Term 2017			
	Before School	After School	
Monday	DASH Club (Years R to 4)	Skipping Club (Year 4)	Swimming Club (Year 1)**
Tuesday		Gym Club (Year 4)	Swimming Club (Year 2)**
Wednesday		Tennis Club (Year 3 and Year 4)	Swimming Club (Year R)**
Thursday		Catchball Club (Years 3 and 4)*	Swimming Club (Year 3)**
		Cricket Club (Years 3 and 4)**	
Friday	DASH Club (Years R to 4)	Friday Catchball (Years 3 and 4)	Swimming Club (Year 4)**

\*First half of Summer Term    \*\*Second Half of Summer Term

Target and Rationale	Steps to Achieve	Outcomes	Projected Cost
<p align="center"><b>Target 2</b></p> <p><b>To promote Healthy Lifestyles and to increase the physical activity of children at the school.</b></p> <p>We will aim to:</p> <p>a) Increase the physical activity of children at playtimes by introducing five minute fitness sessions at play and lunchtimes.</p> <p>b) Introduce the "Golden Mile" at play/ lunchtimes</p> <p>c) Maintain school's Change4Life Club (AKA DASH Club), encouraging full membership.</p> <p>d) Encourage healthy eating through the promotion of healthy eating options at lunchtimes and participation in the Change4Life Be Food Smart campaign.</p>	<p>1. Introduce "Five Minute Fitness" sessions at play and lunchtimes. Sessions to be led by children from Year 3 and Year 4 (Spring Term 2017 onwards).</p>		<p>£1000 for preparation, training and resources</p>
	<p>2. Introduce the "Golden Mile" once a week at play or lunchtimes. Golden Mile sessions to be led by children from Year 4 (Spring Term 2017 onwards).</p>		
	<p>3. Maintain school's DASH Club ensuring that as far as possible attendance levels of 30 per session are maintained throughout the year. (Autumn Term 2016 onwards).</p>		<p>No Cost</p>
	<p>4. Encourage healthy eating through the promotion of health eating options at lunchtimes, fruit champions at playtimes (Autumn Term 2016 onwards)</p>		<p>No Cost</p>
	<p>5. Take part in the Change4Life Be Food Smart campaign (Spring Term 2017 onwards).</p>		<p>No Cost</p>

## Impact

### Sainsbury School Games Kite Mark Award

- 2013 to 2014 - *Gold*
- 2014 to 2015 - *Gold*
- 2015 to 2016 - *Gold*